

# AquaNEWS

Well done to all the girls that swam at London Region. We had some excellent results especially in the routines and the novice figures. Big thanks to all the parents for their help and the coaches for their hard work in preparing the swimmers.

### Clean Sweep

The under 12's took the bronze, silver and gold in the novice figures. Rea Robinson was swimming in her first competition and managed to secure the gold medal which is a great achievement. Yasmine Hague-Gobell won the silver and Emily Crowe the bronze medal. In the 13 years and over section we also had success winning both silver and bronze medals. Well done to Nellie Short, silver medallist and Alexandra Weir, bronze medallist.



**Rea Robinson  
Gold medallist**



### 2013 Event Dates

**May 25<sup>th</sup>**  
6pm to 7pm– Southgate  
Routine Practice

**June 1<sup>st</sup>**  
6pm to 7pm– Southgate  
Routine Practice

**6th July– College  
Sponsored Swim**

**14th July– College  
Recreational Club  
Championship**

**21st July– Pool And Track  
Summer Display**

**28th Sep– TBC  
Regional Routine Comp**

**12th Oct– GL1  
Multi Regional Comp**

**26th-27th Oct– Glasgow  
Scottish Nationals**

**29th-30th-1st - Nov/Dec  
Gloucester National  
Age Groups**

### Novice Duets

Another years success for the novice duets at Aquavision. The two new duets swam their routines with confidence. The junior duet, Rosie Rallings and Megan Cosgrove appeared to enjoy their swim and took the gold medal for their performance. Our intermediate duet, Mairead Ludlow and Jessica Driver swam with ease and won a bronze medal.

### May Camp

We plan to hold another camp in during half term between the 29<sup>th</sup> May and the 2<sup>nd</sup> June. At this camp we will be inviting the whole club and there will be sessions of stroke development, routine skills, teams, solos and duets, land skills and figure training.

### **Trios – Another Gold**

We entered a new trio who swam exceedingly well to take the gold medal in the trio event. Megan Lockwood, Amy Thomson and Georgia Antoniou were swimming in their second competition and it was nice to see them take the gold medal in their first trio swim. Our more established trio won the bronze medal, well done Agne Simanauskaite, Dasha Titarenko and Hanna Khairul.

### **Gold for Rachel**

Rachel Crowe put forward a very graceful performance in her solo to win a gold medal in the solo competition. Rachel was swimming her first solo for Aquavision, her poise and interpretation of the music was a great joy to watch. Rachel also won a silver in the pre championship figure section which is an excellent result as she was competing in a difficult section.



### **Team**

The team was up against tough competition and had to swim against several established and mature teams. We had the youngest group of girls in the event and they swam the routine very well. It was great to see them raise their level for a competition and produce a good swim.

### **More Golds**

As we moved into the advanced sections of the competition we still managed to secure top medals. Savannah Gracey won a gold in section 3 figures and it is nice to see her continue to achieve a high standard. Our senior duet, Lucy Sullivan and Stephanie Hunter won the gold medal which is one of many medals for this duet pair. Well done!

### **Jack Petchey Award**

We are pleased to announce that Aquavision has been accepted for the Bronze Achievement Award Scheme for April 2013. We hope all girls will get involved in voting and we will be announcing our first award winner at the Summer Display.

### **Half Term Camp**

Our recent Easter Camp has proved successful and it is pleasing to see the development of swimmers. Well done to Danielle Howell for passing her recreational grade 1. The under 10 team showed a high level of commitment to their new routine and we look forward to seeing them swim at Reading in June. The small group sessions have been very valuable in the development of our swimmers and as a result we are able to enter several girls for their skills assessment in April 2013. We wish all the girls success in their future grading.



**Tel: 0208 370 1021**

**Email: [enquiries@aquavision.org.uk](mailto:enquiries@aquavision.org.uk)**