

# AquaNEWS

## National Qualifying Standards

Age Group	Skill Level Required	Level for Solos/Duets
U12 yrs	Level 2	Level 3
13-14 yrs	Level 3	Level 4
15-17yrs	Level 4	Level 5
18-19yrs	Level 5*	

### Upcoming Dates 2014

#### Skill Assessments

13th Sept—Reading  
 20th Sept—Croydon  
 4th Oct—Knottingley  
 1st Nov—Walsall

#### Competitions

**Multi-Regionals: 19th Oct, K2 Crawley**  
**Scottish Nationals: 5-7th Oct**  
**Nationals: 5-7th Dec, Gloucester**

Final Team selection

**21st September**

## 2014 National Teams

### SOUTHGATE SESSIONS

November  
 8th, 15th, 22nd & 29th

**ALL TEAMS**  
 17:00-19:00

Attend  
ALL  
 Team  
 Training

**ALL Teams require a Team Manager**

**Team Manager Training:**  
 13th September—Hornsey 9.30am-4pm

**Please email us to get booked in!**

### U12 Competitive Team

**Coach: NATALIA / DANIELA S**

Places available: 10  
 Swimmers must hold Skill Level 2 or above.

Training Days: Friday, Saturday & Sunday

### U12 Recreational Team

**Coach: NATALIA / DANIELA S**

Places available: 12  
 Maximum 3 swimmers with skill level 2

Training Days:  
 Monday, Friday, Saturday & Sunday

### 13-14 Competitive Team

**Coach: DANIELA W/ EMMA**

Places available: 10  
 Swimmers must hold Skill Level 3 or above

Training Days: Friday, Saturday & Sunday

### U19 Recreational Team

**Coach: DANIELA W/ EMMA**

Places available: 12  
 Maximum 5 swimmers with a National Age Group Skill Level

Training Days: Friday, Saturday & Sunday

## Aquavision Summer Display

Thank you to all the volunteers who helped at the summer show on 5th July, there were some good performances from all levels at the club.

Well done to all, especially those swimming their first routines.



## Good Luck Laila & Anna-Maria

It is with sadness that the club is saying goodbye to both Laila and Anna-Maria.

**Laila** is moving with her family to Colchester so won't be returning in September, she has been with Aquavision since the beginning and has been the clubs inspiration. We hope that she will return from time to time to deliver specialist camps, coming back at half term to support the U12 National Team. We look forward to continuing to work with her in the future but wish her all the best in Colchester.

**Anna-Maria** has decided to move on to pastures new she has worked for Aquavision for over 3 Years now, we would like to thank her for all of her hard work and continued support over the years. She will be missed by all at Aquavision and we wish her well for the future.